

Continuing Professional Development and Mentored Practice University Module

September 2022-December 2022

I have recently completed my “Continuing Professional Development and Mentored Practice” university module and this was the final module I needed to complete to be eligible to apply for full MACP membership. I completed my mentored practice from September 2022-December 2022 in my usual workplace, treating a variety of paediatric patients.

My patient caseload during my mentored practice included paediatric patients with a variety of musculoskeletal complaints including peripheral and spinal pain. For the purpose of my mentored practice, I saw patients aged from 5-16. Alongside the clinical work, I completed further training sessions, had the opportunity to read a variety of academic papers and was able to have the opportunity to critically reflect on my clinical choices.

This module has enabled me to be critical about my assessment, clinical reasoning and treatment planning and delivery which has vastly changed my practice. I feel that I am now more able to identify clinically relevant signs in the patient history and physical examination and this therefore makes my treatment more specific, more patient-centred and consequently more efficient. The criticality that I have developed has allowed me to expand my skills in clinical decision making, and I feel more confident in my ability to assess and treat complex groups of paediatric patients which has therefore made me more effective in my workplace.

The opportunity to critically clinically reason my assessment and treatment options to a very in-depth level enabled me to expose my own strengths and weaknesses. Furthermore, it enabled me to link research to clinical practice. This was a pivotal part of my placement as it allowed me to bring together the learning that I had completed at university, which was grounded in academia, and my clinical practice. This fusion will be greatly beneficial in allowing me to develop my career.

During my assessment of the mentored practice module, I was required to clinically assess and treat a new patient and follow up patient and then completed a viva for each patient. This assessment gave me the opportunity to think about my patients in great depth and demonstrate my critical clinical reasoning skills which I had developed over the course of the module.

My next steps I plan to take to build on the knowledge that I have gained as a result of this module are to continue to take the opportunity to critically reflect on patient assessment and treatment. Furthermore, I plan to continue to read contemporary research to ensure that I am able to fuse academic and clinical knowledge to provide the best care possible to my patients.

I would like to thank the MACP for the award. This award has allowed me to fully engage in my module and gain a great deal of knowledge. Thank you MACP!