

IFOMPT 2016 – Martin Rabey

I am grateful to the MACP for part-funding my attendance at IFOMPT 2016. I would also like to convey my thanks to the conference organisers for delivering on what was obviously a very large project.

Having just completed my PhD in Australia, and being in the throws of moving back to Guernsey, and to taking on a more clinical role again, my personal goals for the IFOMPT conference were: to re-establish my links in the UK and hopefully make some new ones; and to get a refresher on what was happening in the world outside of back pain. It was also to get an opportunity to present my recent work. All of these goals were achieved, through coffee-time discussions about new research opportunities, and my oral and poster presentations. I was afforded updates on diverse topics from patellofemoral pain to neuropathic pain, and from tendinopathy to shoulder disorders.

Overall the quality of the scientific programme was mixed, as is always the case at such conferences. With the plan for IFOMPT 2020 to be of only three days duration, this will hopefully mean that the quality of the presentations throughout the conference will be consistently high.

Glasgow is an excellent city for a conference, and the venue was very good. The audiovisual support was excellent. The social events organised during the conference were excellent, and set in fantastic venues.

Thanks again to the MACP for helping me attend, and achieve my goals!