

## MACP

### CPD Bursary 2014

#### Spinal Masqueraders Expanded

February 2014.

I had the opportunity to attend this MACP run day course in February 2014.

The course was led by three Physiotherapy Consultants who each gave presentations or led workshops. Topics covered included a workshop on Aortic Aneurysm, and lectures on lymphoma. The 'Not all leg pain comes from the back' lecture provided information and case studies on haematological, soft tissue tumours and metabolic conditions which may present with leg pain. A further talk gave examples of visceral pain which may present as of musculoskeletal origin. These lectures presented an excellent overview of the conditions covered.

A substantial portion of the day was allocated to a presentation and further discussion on Cauda Equina Syndrome (CES). Dr Sue Greenhalgh gave an outline of the evidence base known about the syndrome, including clinical diagnosis, variations in presentation, and the importance of implementing local pathways for patients who present with symptoms. Dr Greenhalgh also outlined her research into patient's experiences of CES which involved an exploration of patient's experiences via in depth interviews. This provided a real insight into several main themes identified by patients who had experienced CES, and highlighted the devastating impact that it can have on people's lives.

The presentations and case studies were available on the website to be downloaded several weeks before the study day, which was useful. The course has certainly added to my knowledge base, and I would recommend it to anyone working in the MSK field. I have had several subsequent opportunities to disseminate the knowledge learned locally within my work place. I'd like to thank the MACP for their support and for awarding me the CPD Bursary towards the cost of attending this course.