

David Stanley Member ID 11296 - 300 word conference report - IFOMPT 2016

The 5 day conference was held in the spectacular location at the SECC at Glasgow. This brought together some of the best known and leading academics and highly respected clinicians in the field of musculoskeletal physiotherapy.

The conference gave the opportunity for poster presentations from clinicians all over the globe to display their findings. The themes of the majority of these were to do with qualitative research and taking a look at the thoughts, feelings and experiences of the patients which is becoming ever increasingly the driving force behind the delivery of patient centred care in our modern NHS.

From the main speakers, one of the highlights included the dynamic delivery of pain science and neuro chemistry in the presentation of persistent pain from Lorimer Moseley, one of the take home messages included the fact that the more charismatic the clinician the better the treatment effect, "the size of the placebo effect might depend on the clinician who is treating the patient". Lisa Roberts added to this by reminding us to smile to the patient because of the therapeutic effect it will add.

The conference debate about hands on manual therapy versus not raged on with Nadine Foster pushing the appropriate stratification of care and evidence suggesting that manual intervention is not effective. The counter argument was eloquently introduced by Gwen Jull in her opening address "not to forget the bio in the biopsychosocial model" and studies such as those by Josh Cleland. The Geoffrey Maitland award was presented to Brian Mulligan for the advancement of clinical practice in orthopaedic manipulative therapy. He then provided some impromptu sessions which rightly or wrongly captivated audiences and reassured the clinician that there remains a case for exploring manual influences on a patient presentation in the context of their other psychosocial factors.

I took the opportunity to be involved in the MACP and IFOMPT promise to try to leave a legacy for Glasgow in delivering free spinal checks at the Science Centre on the Wednesday afternoon.

I would like to thank the MACP for their support towards me being able to attend a thoroughly brilliant conference.