

IFOMPT Glasgow – Expanding Horizons

04.07.2016

The opening of the IFOMPT programme delivered some insightful, thought provoking keynote and invited speakers. The morning sessions were commendable in expanding to include historical perspectives and integrating thoughts on advances in the sciences underpinning our practice. Day one of the IFOMT conference was a full and varied programme, which made for some difficult choices in relation to the parallel sessions. Whatever I missed out on, the choices I made reflected a cohesive international effort to progress and underpin our clinical practice with appropriate research. The 'Writing for Manual Therapy' workshop led by Ann Moore and Gwen Jull at the end of the day provided a wealth of pertinent and practical advice.

The use of the conference app to filter and allow questions to be presented from the stage was a great development; reducing many of the frustrations of 'question time' and ensuring the most sought after answers were addressed. Call me a Luddite however – I did miss a hard copy of the programme!

My experiences on day one presented a sound foundation for what I hope was a stimulating week of international debate to enhance a progressive attitude among practitioners and researchers. A heartfelt 'thank you' and 'congratulations' to MACP and the organising committee for drawing together a prestigious and successful event.