

## **IFOMPT 2016 Conference Report - Xenofon Konstantakis**

The IFOMPT 2016 conference in Glasgow was an amazing and unique experience for me. It was the first time I was part of such a big, prestigious and marvellous international physio event-conference, which indeed, met all of my high expectations. It was a really beautiful location with an interesting and attractive exhibition taking place in it.

I was given the opportunity to meet delegates from all around the world, to swap ideas, to participate in interesting conversations with regards the neuro-musculoskeletal physiotherapy, to meet friends and colleagues after a long time, to make new friends-colleagues, to watch interesting and developed topics from speakers coming from all around the world. Moreover, I met other MACP members discussing interesting and important topics with regards the programme and activities of MACP in general. Furthermore, I felt really excited given the opportunity to present my MSc dissertation (poster presentation). I found my self very lucky and blessed having the chance to present my thesis in an international conference. At the same time I did expand my knowledge further in the musculoskeletal field through reading and commenting other posters which were displayed.

One of the unique moments of that conference was the privilege I had, to meet and listen Mr. Brian Mulligan "live" sharing his ideas and thoughts and with the audience being so excited listening to him. It was a great moment when at the end of his speech the whole amphitheater offered a standing ovation to this magnificent man.

Being part of such an exciting, superb and well organized conference was a great experience for me. That conference filled me with wonderful memories and feelings which I will always remember. I m looking forward to participate in such a great conference again in the future by booking a flight to Australia !