

IFOMPT 2016 Report – Leanne Antoine

IFOMPT 2016 exceeded my expectations! The SECC was a splendid choice of venue and the opportunity to visit the vibrant Glasgow city center was also welcomed. The quality and format of the lectures was clear and concise. Fortunately, most of the lectures I wanted to attend did not overlap but I could see how that might have been a problem for some people.

I attended one conference day and one post conference course. To be completely honest the amount of information to soak up on one day alone was almost overwhelming but I didn't want to miss any of the lectures that I had scheduled. The IFOMPT app kept me tuned in and I thoroughly loved the efficiency of the feedback tool embedded in the app. Quite clearly, IFOMPT is keeping up with the developments in technology and social media which is fast becoming a necessity to grow any business, never mind a worldwide physiotherapy conference, which I am certain has the potential to grow in size.

I was pleasantly surprised to find that most of the people I interacted with were from Europe and the USA. It really highlighted the worldwide reach of IFOMPT 2016, as well as the drive for clinically reasoned practice amongst physiotherapists. As a profession we thoroughly enjoy analyzing the research and discussing the practical application of that research. We also like thrashing out what our clinical exposure has brought to us and IFOMPT 2016 was prepared for both.

The lecture that stood out the most for me was the 'Advancing Practice in Joint Hypermobility Syndrome/Ehlers Danlos syndrome'. This particular topic is something I have a particular interest in and the lecturers really dug deep in to the difficulties that still surround the assessment, diagnosis and treatment of this ever compromising condition.