

IFOMPT blog

I was lucky enough to receive a grant from the MACP to attend the IFOMPT 2016 conference, and would first of all like to extend my thanks to the MACP for helping to support their members attend such an excellent and well-presented conference. It was a fantastic, and possibly once in a life time opportunity to attend the world leading MSK IFOMPT conference in this country, which provided an invaluable opportunity to develop MSK skills and education with a wide variety of clinically relevant programs. There was a range of world renowned key note speakers, who are leaders in the field of MSK, presenting their latest work, all of which provided take home messages that I can now use in clinical practice. This gave me the chance to learn about current best practice to help develop evidence informed practice within my workplace and there was also the opportunity to participate in practical workshops, relevant to my clinical practice.

IFOMPT 2016 gave me the opportunity to share practice with colleagues from around the globe and to network and build clinical and research partnerships with other likeminded clinicians and researchers. I particularly enjoyed the poster presentations during the lunch and break sessions, where you could really get to know the researcher and ask questions relevant to your area of clinical interest.

Some of the most memorable key note speakers for me were Jeremy Lewis and Annina Schmid.

I really enjoyed Jeremys refreshingly honest approach to some of the pitfalls in shoulder diagnosis, particularly around the difficulties in determining a source of symptoms, based on shoulder MRI and surgery which are no longer considered gold standards in the assessment of shoulder pathology. It was also helpful to revisit some of Jeremys work on shoulder symptom modification procedures, which I use in clinical practise already.

Anninas presentation was also excellent and gave me insight into the contribution of small fibre neuropathy in patients presenting with neurological symptoms, which might not be identified on MRI or nerve conduction studies, and gave me some tools to consider when assessing patients with neurological deficit.

Thank you again to the MACP for providing such a fantastic CPD opportunity for physios. I enjoyed every minute.

Jenny Ward